

## Bridge on Discharge (BOD) Program Addendum

Bridge on Discharge is a program in which facility-based clinical staff provide an individual, focused aftercare plan review session with patients immediately following discharge from the facility's acute inpatient unit.

- The Bridge session serves as a 'bridge' for patients who are discharged from an inpatient level of care to a lower level of care, i.e. IOP
- A follow-up appointment with a network practitioner should occur within 7 days of discharge, subsequent to the Bridge session
- The Bridge session is NOT a substitute for outpatient appointments with an Optum network practitioner. If a facility requires assistance identifying outpatient practitioners, they may call Optum to obtain assistance for referrals to a participating practitioner

### Guidelines for Providing the Service:

- This service is available to all patients leaving your facility, regardless of age or diagnosis
  - Patients discharged to an intermediate level of care are eligible for this service
  - Patients who currently have an outpatient mental health provider are eligible for this service
- The Bridge session is held in the facility immediately after discharge, but not on the inpatient unit
- The Bridge session must be provided by a licensed mental health provider employed by the facility. This includes registered nurses, counselors, therapists, social workers, psychologists and physicians. It's not required that staff be independently contracted with Optum

### Description of Service:

- **Conduct** a post-discharge session that includes:
  - A mental status exam
  - A clinically relevant risk assessment, including a risk/benefit analysis determining readiness for step-down to aftercare
  - A review of the discharge instructions from the hospital
  - A review of medications (if applicable) to ensure that the patient has sufficient quantity until their next appointment with a prescriber
  - An assessment of the patient's support system
  - A review of the patient's follow-up appointment(s) to ensure the patient knows the time/date/location and how to contact their provider(s)
  - If the patient refuses a follow-up appointment discuss the importance of a follow-up appointments, and how ongoing treatment supports the patient's recovery process
  - Strongly encourage the patient to accept assistance in scheduling an appointment within 7 days of discharge
  - A review of what to do in case of emergency including how to contact his/her doctor and/or therapist



- **Inquire** if the patient is willing to allow Optum to contact him or her by text or email. If so, document the patient’s contact information. Optum will then contact the patient within a few days of discharge to support their discharge plan
- **Document** the Bridge session in the patient’s medical record
- **Complete and sign** the *Bridge on Discharge Form* to attest the service was provided, promptly fax it to Optum using the number at the top of the form, and file the form in the patient’s medical record

**Reimbursement:**

- The reimbursement rate of \$80.00 is paid in addition to your contracted inpatient per diem rate. By signing the Optum Provider Agreement, you hereby acknowledge and accept the conditions set forth under this BOD Program Addendum
- Reimbursement for this service is available only for one Bridge session per patient per inpatient stay provided on the day of discharge
- The Bridge session is a distinct service that is covered by the inpatient authorization when the facility is contracted for BOD and does not require separate authorization
- The patient is not financially responsible for this service. In addition, the Bridge session does not impact the patient’s outpatient benefit limits, where applicable

**Billing Instructions:**

- Submit the UB04 claim form to Optum as a part of your usual billing process
- Bill Revenue Code 0513
- Enter the date of discharge as the service date. Relevant fields are shown below:
  - Box 42: 0513
  - Box 43: Day of Discharge – Bridge Appointment
  - Box 44: Applicable CPT or HCPC code
  - Box 45: The specific date of discharge, not a date span
  - Box 46: 1
  - Box 47: Billed Charge

42 REV. CD.	43 DESCRIPTION	44 HCPCS / RATE / HIPPS CODE	45 SERV. DATE	46 SERV. UNITS	47 TOTAL CHARGES	48 NCM
0513	Day of Discharge - Bridge Session	Applicable Code	MM/DD/YY	1	Billed Charge	



# Bridge on Discharge Session (BOD) Frequently Asked Questions

This information applies to in-network facilities contracted to provide the BOD service

## Providing the Session

- **Q: Where and when should the Bridge session occur?**  
A: The Bridge session is provided immediately after discharge in the facility but not on the inpatient unit.
- **Q: Who can provide a Bridge session?**  
A: The Bridge session must be provided by a licensed mental health provider employed by the facility, which may include a registered nurse, counselor, therapist, social worker, psychologist, or physician. The provider does not need to be independently contracted with Optum.
- **Q: Is there any clinical documentation that needs to be sent in by the facility?**  
A: Yes. The *Bridge on Discharge Form* is accessible at [providerexpress.com](http://providerexpress.com) and should be completed, signed and promptly faxed to Optum using the number at the top of the form. File the form in the patient's medical record.

## Authorization/Eligibility

- **Q: Does the Bridge session need to be authorized by Optum?**  
A: No. Separate authorization is not required for this service if you are contracted for BOD.
- **Q: Can someone with a substance use disorder diagnosis have a Bridge session?**  
A: Yes. This service is available to all patients leaving your facility, regardless of age or diagnosis.
- **Q: If a patient is discharged to partial hospitalization or intensive outpatient (IOP) at the same facility, are they eligible for a Bridge session?**  
A: Yes. This service is available to all patients leaving your facility.

## Billing

- **Q: Does the patient have any financial responsibility for this service?**  
A: No. The patient is not financially responsible for this service. In addition, the Bridge session does not impact the patient's outpatient benefit limits, where applicable.
- **Q: How should the Bridge session be billed?**  
A: The Bridge session service must be coded as an 0513 revenue code on the same UB04 inpatient claim form as a separate line item (day of discharge line). You should not submit a separate claim form for the Bridge session.
- **Q: Will Optum pay for a missed Bridge session?**  
A: No. The facility cannot bill Optum or the patient for missed Bridge sessions.
- **Q: Is it ok to bill more than one Bridge session for the same patient for the same episode of inpatient care?**  
A: No. This is a one-time only appointment that is to occur immediately following discharge from the inpatient level of care.

If you're interested in learning more about this program and possibly participating, please contact your Network Management by calling 1-877-614-0484. For more detailed information on the topics above go to [providerexpress.com](http://providerexpress.com)

<p>LEASE COMPLETE &amp; FAX THIS FORM TO Optum/UBH/USBHPC Care Advocate Inpatient Follow-Up:</p> <p>FAX: 888-891-1281</p>	<p><b>Bridge on Discharge Session</b> (Cannot occur prior to discharge)</p> <p>Hospital/Facility: _____</p> <p>Date of Session: _____</p>
---	---

**Please Write Legibly**

Patient Name: First: \_\_\_\_\_ Last: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ UB Rev Code: 0513 Member Insurance ID#: \_\_\_\_\_

**Optum will contact patient within a few days of discharge to support their discharge plan. Please confirm:**

Patient telephone number at discharge: \_\_\_\_\_

Patient address at discharge: \_\_\_\_\_

**Check if the patient agrees to allow Optum to contact via:**

Secure email - indicate email address \_\_\_\_\_

Texting - indicate best texting number \_\_\_\_\_

I certify that I met in person with this patient on the date indicated for a Bridge on Discharge session and completed the following:

- A mental status exam
- A clinically relevant risk assessment, including a risk/benefit analysis determining readiness for step down to aftercare
- A review of the discharge instructions from the hospital
- A review of medications (if applicable) to ensure that the patient has sufficient quantity until next appointment with prescriber
- An assessment of the patient's support system
- A review of the patient's follow-up appointment(s) to ensure the patient knows the time/date/location and how to contact their provider(s). If the patient refused an appointment, I educated the patient about the importance of timely follow-up and strongly encouraged the patient to accept assistance in scheduling an appointment to occur within 7 days of discharge
- A discussion about the importance of keeping their follow-up appointment(s) and how ongoing treatment supports the patient's recovery process
- A review of what to do in case of emergency including how to contact his/her doctor and/or therapist

Comments: \_\_\_\_\_

\_\_\_\_\_

**Signature of licensed mental health provider, including registered nurse, counselor, therapist, social worker, psychologist, or physician, completing this post-discharge session:**

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Credentials: \_\_\_\_\_

Phone: \_\_\_\_\_

**Retain a copy of this form in the patient's chart**