



Bridge-on-Discharge Talking Points

- Bridge-on-Discharge (BOD) is a program in which facility-based clinical staff provide an outpatient follow-up session immediately following the discharge from the facility's acute inpatient unit (done the same day, directly after discharge).
- Program elements include:
 - All patients will have an appropriate discharge plan in place prior to discharge from the facility, which includes a follow-up appointment within 7-days. If the facility needs help identifying outpatient providers, they can call Optum for assistance.
 - Patients discharged to an intermediate level of care (PHP or IOP) are eligible for this service.
 - Patients who currently have an outpatient mental health provider are eligible for this service.
 - BOD is not intended as a substitute for outpatient appointments with an Optum network clinician, but is intended to act as a 'Bridge' for those patients recently discharged from an inpatient level of care directly to outpatient treatment.
 - The Bridge session must be provided by a licensed person employed by the facility. This may include a nurse, physician or licensed staff person with a master's degree in the social service department. This is acceptable as Rev Code 0513 is submitted by the facility and not the clinician.
 - The Bridge session must occur on the premises of the hospital; however it may not be held on the inpatient unit.
 - During the Bridge session, facility staff assesses the patient's status using the Bridge-on-Discharge Appointment form, and obtain permission to forward copies of the form to the patient's outpatient clinician(s).
 - If acute risk is identified, appropriate steps will be taken to stabilize the patient.
 - This form is faxed by the clinical staff to the appropriate Care Advocacy Center immediately after the service is provided (or up to one business day after).
 - The service must be coded as a 0513 revenue code on a UB04 claim form on the day of discharge line. It is included as part of the claim form submitted to Optum as part of the usual billing process.
 - A copy of the post discharge follow-up session form must be placed in the patient's chart.
 - The reimbursement rate is paid in addition to the hospital's per diem rate.
 - Claims are reimbursed at the contracted rate.
 - Reimbursement for this service is available only for appointments kept on the day of discharge.