



First line treatments for opioid use disorder

Use of methadone and buprenorphine are associated with reduced overdose and opioid-related morbidity

Medication for opioid use disorder (MOUD) incorporates the use of medication in addition to services such as counseling, cognitive behavioral therapies and recovery support to provide a comprehensive approach to the treatment of opioid use disorders. MOUD has been shown to stabilize physical cravings, as well as control behaviors that may lead to relapse. MOUD is more effective than detoxification and residential services, intensive behavioral health and non-intensive behavioral health services.*

Opioid use disorder is a chronic brain disease

Based on scientific evidence gathered by medical professionals for nearly four decades, the most effective form of treatment for dependence on opioids is a combination of medicine and psychosocial interventions.

Optum has developed a large and wide-ranging network of providers and programs that offer evidence-based MOUD approaches in a variety of treatment settings.

Please call the toll-free MH/SA number on the consumer’s health insurance card for referral assistance or call the 24/7 confidential SUD Helpline at 1-855-780-5955. You may also search for MOUD providers on myuhc.com or liveandworkwell.com.



The Optum MOUD network is offered in a variety of treatment settings from prescribers’ private offices, virtual telemedicine to more structured office-based opioid treatment (OBOT) or opioid treatment programs (OTP) which dispense methadone.

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10K+

locations nationally

*Wakeman SE, Laroche MR, Ameli O, et al. Comparative effectiveness of different treatment pathways for opioid use disorder. *JAMA Netw Open.* 2020; 3(2):e1920622.

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