

Outpatient change for contracted providers in Louisiana

Change In Prior Authorization Requirement for Mental Health Rehabilitation Services and Evidence-Based Practices



UnitedHealthcare Community Plan will begin requiring prior authorization for the Mental Health Rehabilitation (MHR) Services and Evidence-Based Practices (EBPs) listed below for Louisiana members, effective September 1, 2018. These services include:

- **Community Psychiatric Support and Treatment (CPST)**
Individual and Permanent Supportive Housing
- **Psychosocial Rehabilitation (PSR)**
Individual, Group and Permanent Supportive Housing
- **Multi-Systemic Therapy**
- **Functional Family Therapy**
- **Homebuilders**

Note that all other current authorization requirements will not change (i.e. Assertive Community Treatment, SA IOP, Crisis Intervention, etc.).

One-time written authorizations will be created and sent to you, for all members who are currently receiving the impacted services. No action is required on your part until the expiration of these one-time authorizations.

Prior authorization will be required for members who initiate these services on or after **September 1, 2018**. Authorization will be requested through a portal, accessed via Provider Express. The CALOCUS / LOCUS, Member Choice Form, and Assessment Form will be required for all new initial, and subsequent authorizations for CPST and PSR.

Additional information, including required training dates will be provided in other communications. Training will address all information needed when requesting prior authorization and how to submit via the portal.

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If you have any questions, please email your Provider Relations Advocate at: networkse@optum.com