

Resources for screening and engaging members with substance use disorder

To help support you as you care for UnitedHealthcare Community Plan of Louisiana members with a substance abuse disorder (SUD), we've made the following trainings available.

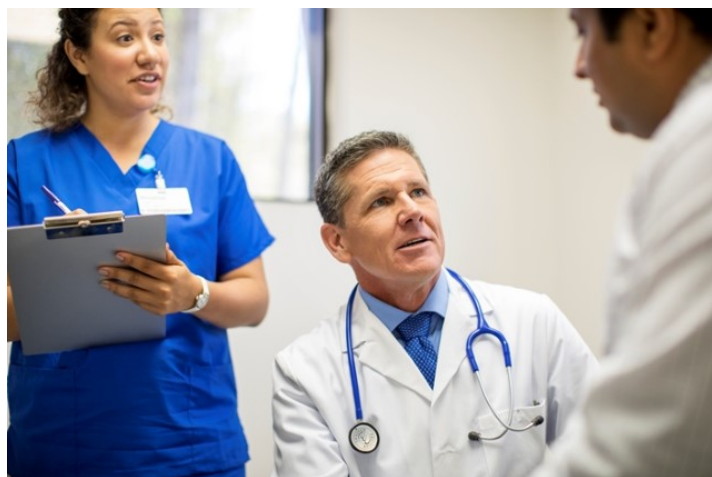
Building the Foundation for a Trauma-Informed Environment and Culture

Earn up to 6 continuing education credits

No cost

This course offers a basis for creating a trauma-informed care environment rooted in evidence-based best practices. It's for those who provide direct services to individuals with highly complex social, behavioral and medical needs. Topics include:

- Adverse childhood experiences
- Addiction and recovery
- Boundaries and self-care
- De-escalation
- Harm reduction
- Motivational interviewing
- Person-centered care
- Personal narratives
- Positive psychology
- Stages of change



Access the course: [Building the Foundation for a Trauma-informed Environment and Culture](#)

Questions: Contact moreinfo@optumhealtheducation.com

Motivational interviewing

This 30-minute video is an introductory course on motivational interviewing, which is a clinical approach to behavioral change. This is frequently used with adolescents and adults with chronic conditions such as behavioral health diagnoses, medical conditions and substance use disorder (SUD). The course is led by a licensed mental health and SUD clinician.

Access the course: [Motivational Interviewing - A Clinical Approach to Behavioral Change](#)

Questions: Contact uhconair@uhc.com

Learn more

Additional training and educational resources:

- UHCprovider.com/training
- optumhealtheducation.com