



Provider Alert

Colorado Annual Mental Health Wellness Exam Coverage

11/01/2022

Colorado Mandate (CO21_18097874) – Requires for eligible members beginning January 1, 2023 coverage for 1 Annual Mental Health Wellness Exam / Preventive Service per year for CO Sitused, Commercial Fully Insured and ASO-Non ERISA plans with no cost to the member.

Because you may not know if members are eligible, please continue to verify member eligibility and benefits to validate this coverage and benefit.

Submit this service with the following codes/modifiers:

- CPT codes 90791+33 modifier and 90792+33 modifier

One annual Mental Health Wellness Exam/Preventive Service for eligible members shall be covered and no authorization is required.

Additional Important Information:

- The coverage required must include an annual Mental Health Wellness Examination of up to sixty minutes that is performed by a qualified mental health care provider.
- Mental Health Wellness Examination means an examination that seeks to identify any behavioral or mental health needs and appropriate resources for treatment. This may include:
 - observation; a behavioral health screening; education and consultation on healthy lifestyle changes; referrals to ongoing treatment, mental health services, and other necessary supports; and discussion of potential options for medication
 - age-appropriate screenings or observations to understand a covered person's mental health history, personal history, and mental or cognitive state and, when appropriate, relevant adult input through screenings, interviews, and questions.