



1DocWay

Easy and accessible psychiatric care over video

We are here to help you find a psychiatric provider and to support you in your mental health care journey.

1DocWay allows patients to receive quality psychiatric care over video from the comfort of their home.

**Find an in-network psychiatrist**

As a UnitedHealthcare/Optum member, our 1DocWay Psychiatrists & APRNs are in network and accept your insurance.

**Receive care from the comfort of your home**

With telepsychiatry, you'll meet your psychiatric provider over a secure video platform. All you need is a computer with a webcam and internet access.

**Ensure a more frequent and consistent care plan**

A recent peer-reviewed study showed that patients are 34% more likely to be seen 1x/month with telepsychiatry, demonstrating the ease and comfort of the platform.

Frequently Asked Questions

What is telepsychiatry?

Telepsychiatry is a form of care that allows patients to see their psychiatric providers over a secure video conferencing platform.

What is 1DocWay?

1DocWay is a community of qualified psychiatric providers dedicated to improving your mental health care experience by making it more accessible and approachable.

What does a telepsychiatry appointment look like?

You will access the 1DocWay app on your computer, laptop, tablet, or mobile device and simply begin your appointment with your psychiatric provider.