



Facility-Based Behavioral Health Program Achievement



Our facility-based evaluation distinguishes and rewards the best programs in our network

The Platinum program provides an evaluation of facility performance and is based on an annual, data-driven assessment. We use benchmarks that are developed from similar patient cohorts by Level of Care, Condition Category, and Product Type.

Facility program admissions will be evaluated in condition categories

Facility program performance will be evaluated separately by level of care

Top performing programs will be designated as Platinum

Platinum Benchmarks

Platinum recognition is applied at the program level for each eligible facility. Any qualified program that meets at least 4 out of the 5 metric benchmarks will receive Platinum designation.

We at Optum want to make health care better for everyone

The Platinum evaluation provides the data and insights to transform care delivery and meet the needs of the people and communities you serve.

Goals behind our evaluation

- Identify and reward facility programs that deliver the most effective and efficient care
- Share facility performance data that is quantified and compared against regional program benchmarks
- Utilize data to measure variations in practice patterns, which drive increased costs and poor clinical outcomes

Platinum Metrics in Detail

EFFECTIVENESS

READMISSION RATES: Rate of unplanned readmissions to any level of behavioral health care within 30 or 90 days of discharge from that same level of care

- **30-DAY & 90-Day READMISSION:** Rate of unplanned readmissions to the same or a higher level of behavioral health care within 30 and or 90 days of discharge from the index admission

FOLLOW-UP MEASURES ARE APPLIED BY DIAGNOSTIC CATEGORY: Rate of follow-up appointments kept within 7 or 30 days of discharge. from an Inpatient or Intermediate Level of Care.

- **FOLLOW-UP AFTER HOSPITALIZATION FOR MENTAL ILLNESS (FUH):** Follow-up must be with a mental health practitioner for outpatient, intensive outpatient or partial hospitalization treatment
- **FOLLOW-UP AFTER HIGH INTENSITY CARE FOR SUBSTANCE USE DISORDER (FUI):** Follow up visit or event with any practitioner for a principal diagnosis of substance use disorder within 7 and/or 30-days after the visit or discharge.

EFFICIENCY

OUTLIER LENGTH OF STAY (LOS): Measures admissions to a facility program and compares LOS to associated cohort benchmarks. The facility program is provided with a percentage of admissions that have a LOS that is higher than the associated benchmarks.

OUTLIER BEHAVIORAL HEALTH EPISODE SPEND: Measures admissions to a facility program and compares episode costs to associated cohort benchmarks. The facility program is provided with a percentage of admissions that have an episode cost that is higher than the associated benchmarks.